

The Future is Bright: A Week of Suicide Prevention

Day	Attire to signify Å	Activities/Giveaways Planned
Monday, September 9th	<p>Wear green to promote mental health awareness and to destigmatize mental health issues.</p> <p>https://www.nami.org/Get-Involved/Awareness-Events/Awareness-Resources</p>	<p>Campuses will post large posters with facts about mental health. Announcements provided for every morning. Green highlighters with all secondary students.</p>
Tuesday, September 10th	<p>Wear red signifying the importance of knowing the red flags/warning signs of suicide.</p> <p>https://suicidepreventionlifeline.org/how-we-can-all-prevent-suicide/</p>	<p>Tuesday September 10th is the National Suicide Awareness Day. Everyone wears red to symbolize the importance of knowing the red flags or warning signs of suicide. Posters with warning signs displayed around school with the red flags / warning signs of suicide and suicide hotline information. Also, Be A Lifeline! cards for everyone will be distributed.</p>
Wednesday, September 11th	<p>Each campus designs their own day of suicide prevention joining together as a campus community to decide how they will promote suicide prevention and promote bright futures for all students</p>	
Thursday, September 12th	<p>Team up against suicide and wear favorite team apparel.</p> <p>The evening rally with professional mascots and celebrity speakers for parents and students TBD.</p>	<p>A large banner posted on the campuses WE ARE A TEAM: asking every student and employee on the campus to put their handprint on the banner to represent team. This can be done in the cafeteria. Temporary cheek body tattoos for all students</p>

Friday 13th

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Leading up to and during the week of September 9 – 13th the following options are available for secondary schools:

Guidance Lessons from EVERFI found in FWISD Apps using the Character Playbook for middle school students are encouraged.

Daily announcements will be provided for the week.

Definitions regarding stigma and other glossary terms will be provided.

Guidance Lessons for high school students focused on suicide prevention are encouraged.

Guidance lessons incorporating scholarship and financial aid information are encouraged.

Guidance Lessons focused on career education are a great introduction to a bright future.

As always, Student Support Services staff are well trained and prepared and ready to assist and support students and staff if any awareness or educational activities regarding suicide prevention increase the cry for help.

High School Activities

- Students will stop activities (whenever they have the most free time, depending on the campus), discuss questions provided related to keeping the environment self-harm free and then create a four square model on a poster

Leading up to and during the week of September 9 Æ 13th the following options are available for elementary school students:

Day	Attire to signify Å	Activities/Giveaways Planned
Monday, September 9th	Wear green	